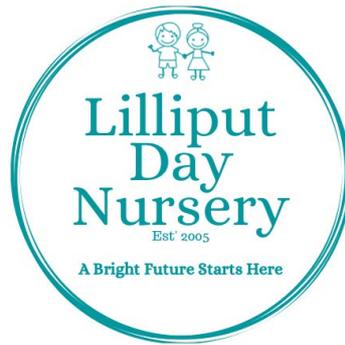
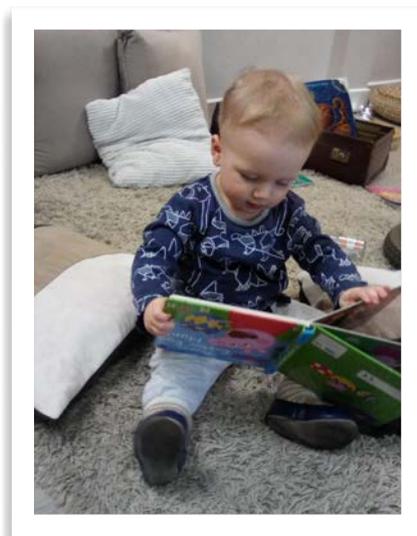


# Lilliput Day Nursery



## Welcome to our Baby Room

A Cosy and Caring Haven for Our 0 -2 Years Olds



“For a small child there is no division between playing and learning; between the things he or she does ‘just for fun’ and things that are ‘educational.’ The child learns while living and any part of living that is enjoyable is also play.” ~

Penelope Leach



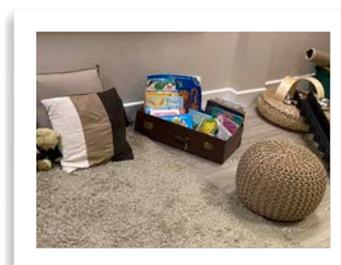
## Who will look after my child?

Here at Lilliput Day Nursery, we understand the apprehension that some parents may have when their baby starts nursery. Leaving your child is quite possibly one of the hardest things a parent will have to do. Our team of dedicated, caring baby room staff know exactly how that feels being parents themselves. The room is managed by qualified senior members of our team who have over 20 years of childcare experience between them. Many of those years have been in our baby room making them extremely dedicated and specialised in providing the best possible care for you and your baby.



## What will the baby room environment be like?

Our baby room is a homely, light, cosy and peaceful haven for our babies. We recognise how important these first formative months and years are and provide an environment that the babies can feel safe, relaxed and comfortable in. Our baby room reflects the varying needs and abilities of this particular age group. Our baby room has a separate sleep area, including full sized cots and milk kitchen so we can meet all the babies needs within the room.



## How will my baby settle?

We welcome babies from 3 months old. At this age, they are constantly observing and responding to their carer as well as their environment.

Our aim in the baby room is to follow your child's individual routine and maintain your daily routine as much as we can when your baby is little. When your baby firsts starts nursery we will spend time with you, finding out about your babies likes, dislikes, routines, dietary requirements and developmental needs. We will follow your baby's individual sleep pattern and milk feeds and will work with you to support your baby's weaning process when ready. We feed your baby at times that suit your routine. We want you and your baby to feel happy, content, supported and cared for within our nursery. Our baby room team provide a flexible and adaptable approach that is both loving, caring and supportive.



## What will my baby eat at nursery?

All our meals at nursery are freshly prepared and cooked daily by our own cook in our own kitchen. By doing this, we are confident that we can meet our children's needs and always have enough food for those children who may be hungrier than others. We have a healthy,



nutritious menu that can be adapted to meet your babies needs and any special dietary requirements they may have. We will work with you to support you and your baby through the weaning process. If a meal is suitable for the babies, we will puree or blend it to give to your baby who is being weaned. If it is something that your baby isn't yet ready for, we will prepare something different for them that is. Meal times are social occasions at nursery and all of our babies will sit around

a low level table when they are ready to or in a high chair with our baby room team while they eat. They are encouraged to feed themselves independently when they are ready but are always supported.



### **My Baby is only tiny. What will they do?**

Our baby room and our baby room team are able to adapt to the ever changing needs of our youngest children. While we encourage our babies to become independent when they are ready, we do not rush them. Our team will always find time for those reassuring, caring cuddles and provide the appropriate calm, caring and cosy space that our smallest babies need. We have rugs and mats for tummy time.

We have bouncers and highchairs so babies can sit comfortably and our baby room team are very experienced in ensuring our smallest babies get the care that they need.



### **What will my baby do at nursery?**

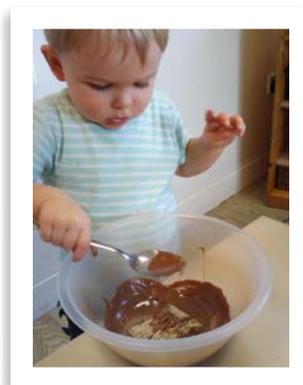
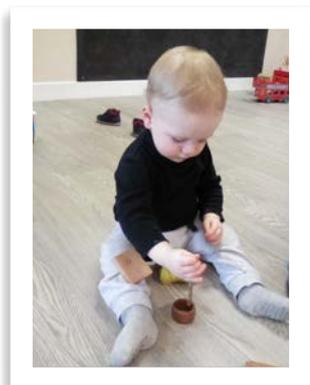
The Early Years Foundation Stage (EYFS) guides us in providing an environment that enhances and encourages your babies natural curiosity and imagination. Our baby room is light and visually stimulating with lots of activities and resources that encourage babies development.

We provide an exciting and enriched environment for our babies to explore and can adapt all activities to meet the needs of every individual child's age and level of development. Babies and young children learn through play. It is our aim to stimulate and challenge our babies in a relaxed and caring way.

*In the words of the child psychologists, Jean Piaget, "Play is the work of childhood", Alfred Adler, "Play is a child's work and not a trivial pursuit" and the physician and educator, Montessori, "Play is the work of the child" .*

Our team encourage language skills by talking to the babies about all the things that we do with them. From talking to them while changing nappies, bottle feeding and during the variety of activities that we provide. We also do lots of singing and sharing books and stories with them, as their early speech develops, helping and encouraging them in their emerging steps towards language and communication skills.

We use a variety of authentic, open ended resources such as natural, wooden and 'real life' objects. This encourages our babies to actively learn and think creatively throughout their day. Babies are able to act out and represent things they experience at home and see in real life. Both indoors and outdoors.



Our baby room has a creative area which is out throughout the day and readily available with a variety of resources such as paint, crayons and collage materials. This helps our babies to develop their creativity at their own pace, as, when and if they choose to do so. Our babies have lots of opportunity for role play, where we try to give them real life experiences and resources. For example, the babies can explore our role play kitchen area with real food such as fruit, vegetables, pasta and rice and authentic resources such as wooden spoons and saucepans. We also do lots of cooking activities with our babies which they really enjoy and reflects their real life experiences from home.

We have a wide range of sensory and messy play which we do daily in the baby room, such as shaving foam, sensory boxes, treasure baskets, jelly and cornflower play. The babies love to investigate and explore these freely uses all of their senses.

If our babies want to sit quietly and relax, they are able to do this in our cosy corner with rugs and cushions to just 'chill' on.

We also have a soft play area where our babies can move around safely and freely. Soft play gives your baby the opportunity to experiment with movement in a safe and comfortable environment and encourages the development of key motor skills, including walking, climbing, crawling and navigating obstacles.

### **Will my baby go outside?**

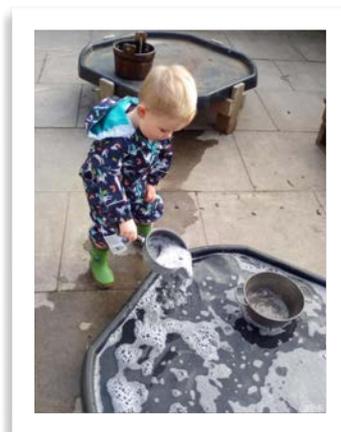
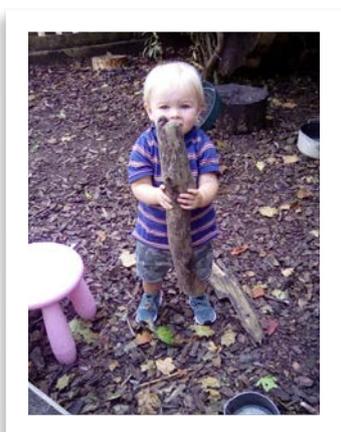
We believe the outdoor learning environment to be as important as the indoors. In the garden our 0 - 2 year olds are able to investigate, explore and use their imagination. We have a role-play area, a mud kitchen and a play house which are full of



authentic resources to provide real life experiences within their play. We encourage new adventures as we safely supervise risk taking while learning by trial and error. For example, Our babies are encouraged to climb, balance and jump as well as play with the water, the bikes and run around. We also have an art / messy area where the babies can express their creativity with paint, shaving foam and play dough and a sound wall for our budding musicians to express themselves as loudly as they like with things like wooden spoons and saucepans.

We provide all weather clothing and and ask that you provide wellies for your baby so they can enjoy the outdoors in all weathers.

Our outside space is an extension of our indoor environment.



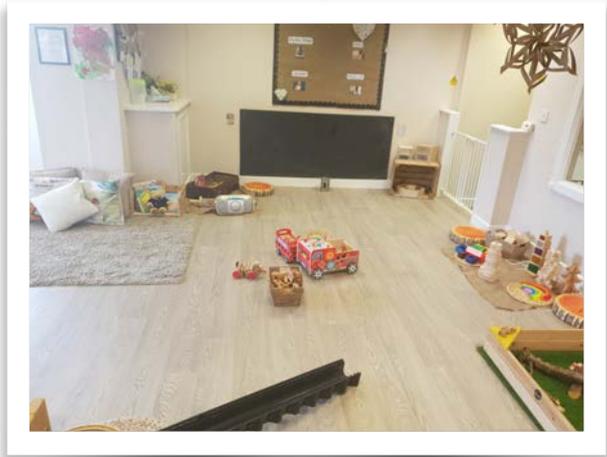
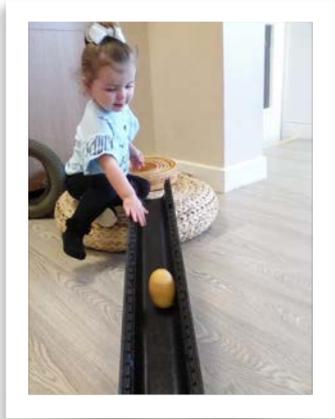
### **How will I know what my baby has been doing during the day?**

We use a secure online learning journal, called Tapestry that we update regularly with photos and observations of your baby throughout their day. You will also be able to add to this as well with things you have done with your baby away from nursery. We will talk to you daily when you collect your baby. We are happy to chat with you about your babies needs, after all you know them best. This is a fantastic way to share information and experiences with each other which means we really will be able to plan for your baby's interests.

Your baby will have a key person who will support you both in settling into our nursery. We encourage you ask your baby's key person any questions you may have as this will support us in being able to provide the best possible care that we can. Good quality parenting, along with high quality care and early learning provide the solid foundation that all children need to make the most of their abilities and talents as they grow and develop.

**We hope you have found this Baby Room guide helpful, but if you have any questions please speak to Vicky or Claire who will be more than happy to help.**







# Lilliput Day Nursery

Est' 2005

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*\*all photo's of our babies having a fantastic fun filled, caring experience, provided by our amazing team of qualified and experienced practitioners (shared with parental permission )*

**A Bright Future Starts Here**